

Bunches. Stride jump'g.  
Crouch on - hi. spring off.  
Leap the gap.  
Run launch + jump figure.



V + VI

MAR. 10.

1. Roll 'q m. alt. toe touch 'q sidem.  
turn 'q + fwd m. kn. bend 'q (L+A)  
m. A. stretch 'q sidem + ft'd.
2.  $\frac{1}{2}$  sq. st. - Alt. ft. sidem. m. (A)  
single A. swing 'q ftm. + backm. (2)  
+ single A. circled 'q (5) (each side.)
3. Bh. leg. - Legs raise to center, alt. (L)  
leg stretch overhead.
4. St. - Alt. leg lunge + A. stretch upm. (L.A.T.)
5. Bh. leg. to L sitt. (A.B.D.)
6. St. - A's swing 'q X + up. (U.D.)
7. Str. sitt. - T. spring 'q toes + middle. (L.B.)
8. St. - Square swing 'q (A)
9. St. - Jump 'q str. to str. Alt. ft. bent (L)
10. Base - 1. Bh. leg. hds. 4th base. Ch. side 'q. (U.B.)  
2. Hang 'q - ft. swing 'q overhead. (A.B.D.)  
3. Handstand.



Grade I.

Mimetic.

Leaves - tree in mind.

Cars, airplanes.

Animals - cats, horses, dogs.

Walk on lines.

Esquimos. Sleighing & tobogganing & shuffling.

Bello 'em.

Indians.

Dog with collar.



## Grade I.

## Games.

Squirrels in trees	N.	221.
Run rabbit run	.	261
Bronnies & pines	.	261
Wipe the honey	.	235
Sally over the water	.	247
Spider and fly	.	262
Go, go, stop	.	228
Day & time		
Stand & sit		
Planning day		
Charlie over the water	.	247
Chase the animal	.	
Runny-go-round	.	
Forest look-out		224.
Cat & rat		
Purse, in the corner		
Islands (bands)		
Center club		
Nice & holes		



Grade I.

Princess.

The Farmer in the Dell.  
Nuts & Hay.

\* Did you ever see a Lammie.  
Sometimes I'm Tall.

A - Hunting, we will go.  
\* I Had a Little Sailboat.  
Looky Looky.

London Bridge.

\* Bluebird.  
Little Ducks.  
The Quack follows the Needle.

Sloop.

Taps.



# Grade II.

Games.

Caint's cone.	17.	260
Go go step		228
Push the monkey		235
Squirrels in trees		221
Hunter		221
Circle chase		235
Whats the time, Mr. Fox.		
Cat & rat		233
Forest look-out		224
Shup, shup, come home		261
Drop in the sea		P. 245.
Enter club		
Colors.		
Stop jack.		235
Cherley over the water.		247.
Too deep.		
<del>Cherley over the water.</del>		
Chase the animal round the circle.		
Dog & bone.		
Puss in corner.		
Islands (bands)		
Flamingo day.		



Grade II

Tags .

Back to back .

Partner .

Dog with collar (band)

Strip



Equipment.

Beating throwing & catching.

Open skipping

Ball throwing. (Single & picture)



Cards II.

Dances.

The Farmer in his Dell.

Did you ever see a lassie.

A-hunting we will go

\* I Had a Little Sailboat.

I see you

London Bridge.

Looky Loo

Carousel.

P. 21. B.

\* Sing a Song of Simpence.

\* Elephants.



Grade III IV

Type.

Partner  
Back to back.  
Shadow  
Dinner  
~~Snick~~





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